

# Preschool Daily Routine

7:00am – 7:30am	Arrival/Free Play
<b>7:30am – 8:00am</b>	<b>Breakfast</b>
8:00am – 8:30am	Potty Time/Table Toys
8:30am – 9:00am	Circle Time
9:00am – 9:30am	Themed Art Activity
<b>9:30am – 10:00am</b>	<b>AM Snack</b>
10:00am – 10:45am	Learning Centers & Small Group Alphabet/Math Activities
10:45am – 11:30am	Outside/Gross Motor Time
<b>11:30am – 12:00pm</b>	<b>Lunch</b>
12:00pm – 12:30pm	Potty Time
12:30pm – 2:00pm	Rest Time/Quiet Time
2:00pm – 2:30pm	Diaper Changes, Potty Time & Book Time
<b>2:30pm – 3:00pm</b>	<b>PM Snack</b>
3:00pm – 3:45pm	Music & Movement
3:45pm – 4:30pm	Outside/Gross Motor Time
4:30pm – 6:00pm	Learning Centers/Parent Pick Up